

## Chapter 8: Nanomaterial for Cancer Therapeutics

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### Abstract

Recent developments in nanotechnology offer researchers opportunities to significantly transform cancer therapeutics. This technology has enabled the manipulation of the biological and physicochemical properties of nanomaterials to facilitate more efficient drug targeting and delivery. Clinical investigations suggest that therapeutic nanoparticles can enhance efficacy and reduced side effects compared with conventional cancer therapeutic drugs. The mechanisms of cancer drug resistance include over expression of drug efflux transporters, defective apoptotic pathways, and hypoxic environment. Nanoparticles targeting these mechanisms can lead to an improvement in the reversal of multidrug resistance. promising progress in cancer nanotechnology, researchers continue to develop novel and efficacious nanoparticles for drug delivery. The use of therapeutic nanoparticles as unique drug delivery systems will be a significant addition to current cancer therapeutics. nanotechnology has been increasingly used in medicine, including applications for diagnosis, treatment, and tumor targeting in a safer and more effective manner.

**Key words:** Nanoparticels, Cancer therapy, Drug delivery, drug resistance, Anti-tumor multidrug resistance (MDR).

### 8.1 Introduction

Cancer is a group of diseases that can affect almost any part of the body. It is caused by uncontrolled cell growth and division, leading to the formation of a mass of abnormal cells, known as a tumor. Cancer can be classified into several types, including carcinoma, sarcoma, lymphoma, and leukemia. Understanding the pathology of cancer is crucial for

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