
Transforming Patient Care Through Intelligence: How Artificial Intelligence, Machine Learning, and Big Data Are Reshaping Healthcare and Advancing Disease Research



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Preface

Healthcare is entering a new era—one where data, algorithms, and intelligent systems are playing as pivotal a role as clinicians and medical devices. *Transforming Patient Care Through Intelligence: How AI, Machine Learning, and Big Data Are Reshaping Healthcare and Advancing Disease Research* explores how technology is revolutionizing the way we understand health, diagnose disease, and deliver care. For decades, healthcare systems have generated massive volumes of data—from electronic health records and genomic sequences to imaging, wearable devices, and public health reports. Today, with the power of Artificial Intelligence (AI), Machine Learning (ML), and Big Data, we are finally able to harness this information to unlock deeper insights, accelerate research, and personalize care at scale.

This book delves into the many ways intelligent technologies are transforming patient care. From predictive models that anticipate health risks before symptoms emerge, to AI-assisted diagnostics that improve accuracy and speed, to personalized treatment plans driven by deep learning algorithms, the applications are vast and game-changing. We also examine how these innovations are propelling medical research forward shortening the path from discovery to cure, especially in complex diseases such as cancer, Alzheimer's, and rare genetic disorders. In addition to technical advancements, we explore the ethical, legal, and practical implications of deploying AI in healthcare, addressing concerns around data privacy, algorithmic bias, and human oversight.

Whether you are a healthcare provider, researcher, technologist, or policymaker, this book offers a comprehensive perspective on the opportunities and challenges of intelligent healthcare systems. It provides real-world case studies, emerging trends, and a vision for a future where patient care is not just reactive, but predictive, proactive, and profoundly personalized. *Transforming Patient Care Through Intelligence* is a guide to this exciting frontier—where innovation meets compassion, and technology becomes a powerful ally in the pursuit of better health for all.

Chaitran Chakilam

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